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WEDNESDAY ■ FEBRUARY 14, 2001

New Woman 7

Looking good, *feeling great*

For seven Sundays, starting February 4, 20 women are taking a well deserved break in the pleasant environs of Le Meridien. From 9.30 am to 5.30 pm. these women, comprising of home makers, software engineers, microbiologists, marketing executives, are involved in an Etiquette and Personal grooming program conducted by Ecole Solitaire. Unlike a drilling workshop, this one is fun, informative, participative peppered with delicious lunches and tea breaks.

According to Minocher Patel of Ecole Solitaire, the workshop is a complete package for



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women to enhance their personality with tips and inputs from experts in various fields. So they have Rashmi

Abror, a beautician speaking on skin care and hair care, Ewa Maria Cherukuru speaking on social etiquette and dancing, Zarina on Table etiquettes, Minocher on positive attitude, active listening, confidence building and self analysis and Dr George Judah on inter personal skills.

According to Shweta Shintre, one of the participant's, "The workshop is a very practical, easy to understand kind. The problems and issues discussed are very real so one can relate to them and absorb what is said. I am sure it's going to help me in my day to day life." For Manisha Advani, it is helping her tremendously and changing her perspective towards life, "The workshop is an opportunity for us to learn so many things which if implemented in our lives will go a long way in helping us."

Says Minocher, "Through our workshops we are not just emphasising on the external, we are also focussing on the importance of being at peace with your self, and developing a positive attitude."